## **Treatment Protocol: GENERAL MEDICAL**

Ref. No. 1202

- 1. Assess airway and initiate basic and/or advanced airway maneuvers prn (MCG 1302)
- 2. Control external hemorrhage prn (MCG 1370)
- 3. Administer **Oxygen** prn (MCG 1302)
- 4. Assess for signs of trauma For traumatic injury, treat in conjunction with *TP 1244, Traumatic Injury*
- 5. Initiate cardiac monitoring prn (MCG 1308)
  Perform 12-lead ECG if cardiac ischemia suspected and treat per TP 1211, Cardiac Chest Pain
- For patients with dysrhythmias, treat per TP 1212, Cardiac Dysrhythmia Bradycardia or TP 1213, Cardiac Dysrhythmia Tachycardia
   If patient with palpitations but normal sinus rhythm on 12-lead ECG document Provider Impression as Palpitations
- 7. Establish vascular access prn (MCG 1375)
- Assess and document pain (MCG 1345)
   Consider the following Provider Impressions:
   If chest pain present without suspicion of cardiac cause document Chest Pain Not Cardiac 1
   If pain in neck or back without trauma document Body Pain Non-traumatic
   If headache and no report or signs of trauma document Headache Non-traumatic
- 9. For pain management: (MCG 1345)

## Fentanyl 50mcg (1mL) slow IV push or IM/IN

Repeat every 5 min pm, maximum total dose prior to Base contact 150mcg

Morphine 4mg (1mL) slow IV push or IM

Repeat every 5 min pm, maximum total dose prior to Base contact 12mg

**CONTACT BASE** for additional pain management after maximum dose administered: May repeat as above up to maximum total dose Fentanyl 250mcg or Morphine 20mg

10. For nausea or vomiting:

Ondansetron 4mg ODT/IV/IM and treat in conjunction with TP 1205, GI/GU Emergencies

11. For patients with complaints of weakness

Assess neurologic exam; if focal findings present or stroke suspected treat per TP 1232, Stroke/CVA/TIA

If no focal weakness present and complaint of generalized weakness – document Provider Impression as *Weakness – General* 

- 12. For patients with complaints of hypertension without other signs or symptoms document Provider Impression as *Hypertension* ②
- 13. Consider the following Provider Impressions:

  If cold/cough symptoms without respiratory distress or wheezing document *Cold/Flu Symptoms*

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# DEPARTMENT OF HEALTH SERVICES COUNTY OF LOS ANGELES

## Treatment Protocol: GENERAL MEDICAL

Ref. No. 1202

If isolated pain or swelling in one or more extremities – document *Extremity Pain/Swelling – Non-traumatic* §

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## **Treatment Protocol: GENERAL MEDICAL**

Ref. No. 1202

#### **SPECIAL CONSIDERATIONS**

- When evaluating a patient for chest pain consider age, previous history of cardiac disease or MI, risk factors, and signs and symptoms to determine if cardiac chest pain suspected. Obtain a 12-lead ECG if age ≥ 35 years and/or patient has risk factors (hypertension, diabetes mellitus, high cholesterol, personal history of cardiac disease, or family history of early cardiac disease defined as CAD/MI at age < 50 years old).</p>
- 2 Hypertension in a pregnant or recently post-partum patient is a sign of eclampsia, which requires immediate emergency and obstetric care. Additional signs of eclampsia are edema and seizures. Patients who are ≥ 20 weeks pregnant or ≤ 6 weeks post-partum with hypertension (BP ≥ 140/90mmHq) should be transported to the ED for evaluation.
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